

**PAY & PLAY (ONLY £1 EACH SESSION)**  
**MEET NEW PEOPLE AND MAKE NEW FRIENDS**  
**WLA—COMMUNITY SPORTS CENTRE**

**Community climbing** is one of our most popular sessions.

Each session covers basic climbing techniques such as "belaying" with an emphasis on safety, team work and fun.



**Trampolining** is a sport that can be enjoyed by everyone.

This is a recreational club, focussing on learning new skills such as the "seat drop" within a fun and safe environment.



**Badminton** is a great way of getting into racquet sports. Played within our sports hall it's a great introduction to the sport.

Learn to "drop shot" and "lob" every Tuesday from 6pm.



**Football** Pay and Play - Take part in football matches and games to learn new skills. This session is held on our state of the art artificial training pitch.



Activities	Where	When	Time	Price
CLIMBING	Gym	Wednesday	5.30pm 6.30pm	£1.00
BADMINTON	Sports Hall	Tuesday	6.00pm 7.00pm	£1.00
TRAMPOLINING	Gym	Tuesday	5.00pm 6.00pm	£1.00
FOOTBALL	A.T.P	Tuesday & Thursday	6.00pm 7.00pm	£1.00

**All activities for ages 8 years +**